In the last three decades, the childhood obesity rate has tripled. Additional lifetime medical costs associated with each child who has obesity total $21,000 in 2018 dollars.

Healthier lunches could lead to approximately 200,000 fewer children with obesity each year. A decrease in children and adults with obesity is estimated to produce $4.2 billion in obesity-related lifetime cost savings for each annual student class that receives healthier school lunches.

Access to Healthy Food

Reduce Childhood Obesity
Lowering rates of obesity in children could generate $47.8 billion of lifetime benefits for themselves and the US economy.

Reduce Adult Obesity
Elementary-age students with obesity are between 75%-90% more likely to become adults with obesity.

Improved Education Outcomes
Research has found that students with obesity have less-advanced verbal skills and complete fewer years of schooling than students who are a healthy weight.

Improved Economic Outcomes
Education and economic outcomes are related, children who excel in school can expect to have higher incomes and greater job opportunities. Over a 40-year career, a 4-year college graduate would enjoy an additional $1.45 million in earnings.